

PRESS RELEASE

For immediate release



Registration Opens for the 9th Edition of Marche/Course for the Haut

COOKSHIRE-EATON, March 18, 2024 — The MRC du Haut-Saint-François has launched the registration period for the Marche/Course for the Haut in front of attendees gathered at the Bury Military Riding Hall, at the invitation of the honorary president of the 9th edition, Mrs. Chantal Ladouceur.

This year's Marche/Course for the Haut event will take place in Bury on May 11.

Registration Fees:

- 0-17 years old: Free
- Parent accompanying children in the 1 km run: Free
- 18 years and older: \$20 in advance before May 4
\$30 after May 4

On-site Activities at the Marche/Cours:

Inflatable games, face painting for children, Mother's Day DIY booth, on-site massages by Physio Atlas, snacks prepared by Les cuisines collectives du Haut-Saint-François, on-site canteen, and a smoothie bike.

Contributors:

- 10 km: Caisse Desjardins du Haut-Saint-François
- 5 km: François Jacques, Member of Parliament for Mégantic
- 3 km for seniors: Englobe
- 1 km for families: Les as du fumoir
- Gold sponsors: Marie-Claude Bibeau, Member of Parliament for Compton Stanstead, Minister of Revenue; Virgin Mady; Bora Boréal
- Silver sponsors: La vallée du Mont-Élan, Physio Atlas, EventK, Artefia, Gonflable.ca
- Bronze sponsors: Chambre de commerce du Haut-Saint-François, Municipality of La Patrie

Transport:

Transport de personnes HSF organization offers the possibility of arranging your transport.

Visit transporthsf.com for more details.



"Walking is an excellent, simple, and accessible way for everyone to get active and improve our healthy lifestyle habits. I am delighted to be associated with this sporting event, which aligns with my professional projects."

Chantal Ladouceur, Honorary President
Promoter of the Parcours de Marche au Cœur de Mégantic and its Mini Compostelle

"I am very proud to see this iconic event return year after year. It promotes the benefits of healthy lifestyles and makes it easier for our young people and seniors to access leisure activities offered in the region through the fund of the same name."

Johanne Delage
Chair of the Leisure Committee of the MRC du Haut-Saint-François and Mayor of La Patrie

"Caisse Desjardins du Haut-Saint-François is honored to support the youth of our region in their leisure activities once again this year. We believe in the positive impact of every act of solidarity."

Dany Boily
President of the Board of Directors of Caisse Desjardins du Haut-Saint-François

Profits from the day will be used to support families in Haut-Saint-François in participating in sports, physical, and cultural activities.

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Organizing Committee of Marche/Course for the Haut 2024



Back row:

Alexandre Vaillancourt, Leisure Officer, MRC du Haut-Saint-François
Louise Brière, General Manager, Bury
Johanne Delage, Chair of the Leisure Committee of the Haut-Saint-François and Mayor of La Patrie
Sabrina Patry, Office Clerk and Cultural Leisure and Community Life Agent, Bury
Mélodie Caissie, Leisure Agent, Saint-Isidore-de-Clifton
Denis Savage, Mayor of Bury

Front row:

Mélanie Cyr, Municipal Councillor, Westbury
Billy Filion-Gagné, Coordinator of Leisure and Community Life Service, Weedon
Gabrielle Thériault, Director of Leisure, Sports, Culture, and Community Life, Ascot Corner
Marie-Pierre Hamel, Leisure Coordinator, MRC du Haut-Saint-François

Absent from the photo:

Claudia Gilbert, Municipal Councillor, Westbury
Alexandre Bonin, Leisure Officer, Hampden
Chantale Clusiaux, Health Promotion Advisor, Local Service Networks of HSF, CIUSSS de l'Estrie-CHUS
Étienne Bouchard, Leisure Director, East Angus